

Flora·Matrix Kids

A berry flavoured, chewable probiotic featuring evidence-based strains, with added vitamins A, C and D, designed to optimize digestive and immune function in children. Dairy-free and shelf-stable without the need for refrigeration.

Each chewable tablet contains:

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|---------------------------------------|-------------------|
| <i>Lactobacillus acidophilus</i> NCFM | 2.5 billion CFU |
| <i>Bifidobacterium lactis</i> Bi-07 | 2.5 billion CFU |
| Vitamin A (retinyl palmitate) | 600mcg RAE/2000IU |
| Vitamin D3 (cholecalciferol) | 10mcg/400IU |
| Vitamin C (ascorbic acid) | 30mg |

60 chewable tablets

GMO, gluten, soy and dairy free. Shelf stable.



Kids love to explore and learn, and their immune systems are doing the exact same thing as they encounter new environments. It is imperative to support both the digestive tract and immune system during this pivotal life stage, as more and more evidence suggests that the gut microbiome is one of the key influencers for immune health. Case in point, specific probiotic strains have been proven to positively impact not only cold and flu-like symptoms, but even objective markers such as the number of days missed in school as a result of illness.

Lactobacillus acidophilus NCFM (La-NCFM) and *Bifidobacterium lactis* (Bi-07) are two extremely well-studied probiotic strains with multiple human clinical trials individually, in combination together and with other unique probiotic strains. One noteworthy trial compared La-NCFM to a placebo intervention in children aged 3-5 years old for a period of

6 months to determine its effectiveness in preventing cold and flu symptoms. At the end of the study, it was found that the La-NCFM probiotic group had 53% reduced fever incidence, 41% reduced coughing incidence, 68% less use of antibiotics and 32% reduction in days absent from childcare. While these findings are significant and impressive, a combination treatment with La-NCFM and Bi-07 in this same study showed even great numbers of 73% reduced fever incidence, 62% reduced coughing incidence, 84% less use of antibiotics and 28% reduction in days absent from childcare. Clearly, these probiotic strains offer some level of synergistic benefits when it comes to immune function in children.

Although these findings are significant, each strain is capable of much more beyond their immune benefits in kids. La-NCFM has also been shown to reduce oral candida counts, increase

Key points

- 5 billion CFU's per chewable tablet, containing equal parts of *Lactobacillus acidophilus* NCFM and *Bifidobacterium lactis* (Bi-07)
- Designed to reduce cold and flu-like symptoms, such as fever, runny nose and cough, reduce missed school days due to illness and decrease antibiotic prescriptions in children
- 2,000IU of active vitamin A, 20mg of vitamin C and 400IU of vitamin D3 included to optimize immune function and musculoskeletal health in growing children
- Natural berry-flavoured and sweetened with monk fruit extract
- Each blister pack offers 60 shelf-stable servings without the need for refrigeration
- Certified gluten, soy and dairy-free



bifidobacterium and lactobacillus counts, and improve irritable bowel syndrome markers on its own, while Bi-07 has effectively been shown to improve constipation and white blood cell function as a stand alone therapy.

Flora-Matrix Kids by Cyto-Matrix offers 5 billion colony forming units per chewable tablet, containing equal parts of La-NCFM and Bi-07. These evidence-based strains help to reduce cold and flu-like symptoms, such as fever, runny nose and cough, reducing missed school days due to illness and antibiotic prescriptions.

Flora-Matrix Kids also contains vitamin A, vitamin C and vitamin D3 for proper immune function and to support strong

bone and teeth development. **Flora-Matrix Kids** is delivered in a delicious, natural berry flavoured chewable tablet that is shelf-stable and certified dairy-free. Each box contains 60 tablets in a blister-pack delivery format.

Flora-Matrix Kids belongs to the family of Flora-Matrix probiotics, each containing specialized strains for targeted results. Each Flora-Matrix probiotic contains unique strains with distinct activity and health benefits. These strains are individually selected and they are well-studied at validated dosages, ensuring focused clinical results without the need for excessive colony-forming units.

Related products

A·C·E·S· + Zinc
Active A·C·E·S· + Zinc
C·Matrix
Cyto-A 1000 IU drops
Cyto-C
Cyto-D3 Kids
Cyto-Fibre
Flora-Matrix Infant Liquid
Multi-Strain 11
Multi-Strain 50
Mushroom Matrix
Omega-Boost EPA + DHA
Saccharo-B
Zinc Bis-glycinate
Zinc Citrate

Indications: Source of Probiotics. Helps support gastrointestinal health, healthy skin, immune function and to build strong bones and teeth. Helps reduce cold and flu-like symptoms, such as fever, runny nose and cough, reducing missed school days due to illness and antibiotic prescriptions.

Directions: Age 3 and older - take 1 tablet per day or as directed by a healthcare professional. Take at least 2-3 hours before or after antibiotics.

Non-Medicinal Ingredients: Natural berry flavour, maltitol, microcrystalline cellulose, dicalcium phosphate, monopotassium phosphate, dipotassium phosphate, ascorbic acid, vegetable-grade magnesium stearate, sucrose, trehalose, isomaltooligosaccharide, silicon dioxide, monk fruit extract.

Contradictions: Do not use this product if you have an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment).

Warnings: Consult a healthcare professional prior to use if you have a fever, vomiting, bloody diarrhoea or severe abdominal pain. Stop use and consult a healthcare professional if symptoms of digestive upset (e.g. diarrhea) occur, worsen and/or persists beyond 3 days. Do not use if seal is broken. Keep out of reach of children.



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