

# Nattokinase

100mg of nattokinase seed extract for exceptional fibrinolytic activity, improved blood flow and overall cardiovascular support.

Each capsule contains:

NSK-SD® (seed, nattokinase; glycine max; *bacillus subtilis var. natto*)\*

100mg

60 vegetable capsules

\*Providing 2000 F.U.



Vegan. GMO, gluten and dairy free.



Cardiovascular disease is one of the leading causes of death in Canada and often referred to as the “silent killer” because of its lack of symptoms during disease progression. Although there are many identified risk factors for cardiovascular disease, abnormal blood clotting can be problematic in certain individuals. Therefore, this specific population can benefit from any intervention that can aid in breaking up pre-formed blood clots or preventing new clots. The best-studied natural compound with this capability is known as **nattokinase**.

**Nattokinase** is an enzyme derived from fermented soybean that

contains powerful health potential.

**Nattokinase** has dozens of human clinical studies to demonstrate its safety and efficacy in supporting the cardiovascular system, including healthy lipid balance, fibrinolytic activity and lowered inflammatory markers. It has been extensively studied for its ability to thin the blood, and break up blood clots.

**Nattokinase** achieves these cardiovascular benefits through multiple mechanisms. For example, increased fibrinolysis activity is well-documented and the primary reason that nattokinase is able to improve blood flow. However, it has

## Key points

- Nattokinase is an enzyme derived from fermented soybean that has dozens of human clinical trials to demonstrate its effective and safe use in supporting the cardiovascular system
- Each capsule provides 100mg (a minimum of 2000 F.U.; fibrinolytic units) to effectively thin the blood, and break up blood clots
- 60 vegetable capsules per bottle

also been shown to inhibit platelet aggregation, reduce C-reactive protein, decrease renin and reduce LDL-cholesterol. Numerous safety studies in both animals and humans have also confirmed that **nattokinase** is well tolerated under a wide variety of circumstances.

Cyto-Matrix's **Nattokinase** offers 100mg per vegetable capsule of the clinically studied NSK-SD® nattokinase seed extract to effectively thin the blood, and break up blood clots. Each 100mg vegetable capsule offers the minimum equivalent of 2000 F.U. (fibrinolytic units) for optimal cardiovascular support. 60 vegetable capsules per bottle.

## Related products

Garlic Active Principles

Lipo-Matrix

Omega-D3 Liquid Forte

Peak-EPA

**Non-Medicinal Ingredients:** Vegetable-grade magnesium stearate, soybean oil, soybean powder, food starch, dextrin, maltodextrin, calcium carbonate, microcrystalline cellulose. Capsule: hypromellose.

**Indications:** Helps support cardiovascular system health.

**Directions:** Adults - Take 1 capsule per day or as directed by a healthcare professional.

**Duration of use:** Consult a healthcare professional for use beyond 4 weeks.

**Warnings:** Do not use if safety seal is broken.

**Contraindications:** Do not use if you are pregnant or breastfeeding, if you are taking health products that affect blood coagulation, or if you have a bleeding disorder. Stop using this product 7 days before any scheduled surgery, or immediately if you have unscheduled surgery or if you suffer from an injury resulting in bruising or bleeding. Consult a healthcare professional prior to use if you have a cardiovascular, kidney, or liver disorder, or if you are taking any medications. This product is derived from soy. Do not use if you have a soy allergy.