

# Omega·D3 Liquid Forte

Great tasting and citrus flavoured, Omega·D3 Liquid Forte provides one of the highest concentrations available: 1900mg of EPA and 900mg of DHA, with an additional 1000IU of vitamin D3 per teaspoon.

## Each teaspoon (5ml) contains:

Fish Oil Concentrate (from anchovies, sardines, mackerels, and menhaden)	4333mg
Omega-3 fatty acids	3020mg
EPA (eicosapentaenoic acid)	1900mg
DHA (docosahexaenoic acid)	900mg
Other omega-3 fatty acids	220mg
Vitamin D3	1000IU (25mcg)
Calories	40
Fat	4g



\*Omega D3 Liquid Forte is IFOS certified and tested independently for purity, potency and freshness.

230ml bottle

GMO, gluten and dairy free.

The modern diet has seen a drastic reduction in the intake of omega-3 fatty acids, compounded by a significantly greater intake of omega-6 fatty acids. This is problematic as many of our tissues rely on fatty acids for proper synthesis and communication. If the appropriate fatty acids are not available, the implications for overall health are serious. A relative deficiency of omega-3 fatty acids can lead to a pro-inflammatory state and increase the risk of chronic disease.

The active compounds responsible for the widespread benefits of fish oil supplementation have been

## Key points

- Each teaspoon delivers a minimum of 1900mg EPA and 900mg DHA, sourced from wild North Atlantic sardine and anchovies, with an additional 1000 IU vitamin D3, rosemary extract and mixed tocopherols
- Great tasting, light citrus-flavouring with food grade essential oils of lemon, lime, and vanilla
- Molecularly distilled to ensure the end product is free from heavy metals, organophosphate compounds and unwanted contaminants
- Indicated for systemic inflammatory conditions such as cardiovascular disease, rheumatoid arthritis, autoimmunity, cognitive decline, depression, anxiety, eczema and atopic concerns
- 46 servings delivered in every 230ml bottle

identified as **eicosapentaenoic acid (EPA)** and **docosahexaenoic acid (DHA)**. Although both are important for various aspects of human health, EPA is generally regarded as the anti-inflammatory fatty acid while DHA is more responsible for neurodevelopment and nerve protection.

EPA and DHA have been clinically studied in a variety of health conditions. For instance, supplementation with omega-3 fatty acids have been found to be beneficial for cardiovascular health, rheumatoid arthritis, autoimmunity, cognition, mood, skin health and atopic concerns, to name just a few clinical indications. Simply put, EPA and DHA should be considered for addressing any systemic inflammatory condition.

One challenge that arises with omega-3 fatty acid supplementation is poor compliance. Most supplements require several capsules or teaspoons per day to achieve an evidence-based dose of combined EPA and DHA. Cyto-Matrix's **Omega-D3 Liquid Forte**

solves this problem by providing 1900mg of EPA and 900mg of DHA in only a single teaspoon. These omega-3 fatty acids, sourced from wild North Atlantic sardines, anchovies, mackerels and menhaden, are provided in the well-researched ethyl ester form, allowing for evidence-based, extremely concentrated and cost-effective delivery. Each serving also includes an additional 1000IU of **vitamin D3**.

**Omega-D3 Liquid Forte** is molecularly distilled, without the use of chemicals or solvents, to ensure purity and the removal of harmful compounds such as heavy metals and organophosphates. Rosemary extract and mixed tocopherols are added to the formula and every bottle is capped with nitrogen, all to protect against and prevent oxidation.

With a 230ml bottle size, your patients receive 46 servings for ongoing support.

## Related products

Brain·Matrix  
Inflamatrix  
Lipo·Matrix  
Omega Matrix  
Peak·EPA

**Non-Medicinal Ingredients:** Organic natural flavours, proprietary antioxidant blend (rosemary extract, natural tocopherols and ascorbyl palmitate).

**Indications:** Source of EPA and DHA for the maintenance of good health. Helps support cardiovascular health and healthy mood balance. In conjunction with conventional therapy, helps reduce the pain of rheumatoid arthritis.

**Storage Condition:** Thoroughly wipe bottle of any spillage after each use.

**Directions:** Adults - Take 1 teaspoon per day or as directed by a healthcare professional. **Refrigerate after opening.**

**Warnings:** Do not use if safety seal is broken.

\*These products have been tested to the quality and purity standards of the IFOS™ Program conducted at Nutrasource Diagnostics Inc.